

Daily Sack Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Muffin 2(WG)	Biscuit with Jelly 2(WG)	PBJ Bar 1(WG) 1(MMA)	Mini Bagel 1(WG) & Cream Cheese Packet	Yogurt Cup 1(MMA) Honey Graham 1/2(WG)
Or	Or	Or	Or	Or
Cereal 2(WG)	Cereal 2(WG)	Cereal 2(WG)	Cereal 2(WG)	Cereal 2(WG)
1/2c Juice	1/2c Juice	1/2c Juice	1/2c Juice	1/2c Juice
1c Milk	1c Milk	1c Milk	1c Milk	1c Milk



Sack Lunch Components:

Milk 1c
(F) Fruit 1/4c
(V) Veggies 1/2c
(WG) Whole Grains/Bread 1G
(MMA) Meat/Meat
Alternate 2MMA
C= Cup

Daily Sack Lunch Menu

Menus are subject to change. This institution is an equal opportunity provider

*1 Sack Lunch Completes all Meal Requirements.

* No Offer Vs Serve Items

Monday	Tuesday	Wednesday	Thursday	Friday
PB & J Sandwich 1(WG) 1(MMA)	Ham & Cheese Stacker 2(WG) 2(MMA)	Turkey & Cheese Sandwich	PB & J Sandwich 1(WG) 1(MMA)	Ham & Cheese Stacker 2(WG) 2(MMA)
Or	Or	Or	Or	Or
Sun Butter Sandwich 1(WG) 1(MMA)	Veggie Sandwich 2(WG) 2(MMA)	Cheese Pizza Pack 2(WG) 2(MMA)	Sun Butter Sandwich 1(WG) 1(MMA)	Veggie Sandwich 2(WG) 2(MMA)
Cheddar Cheese Cubes 1(MMA)	Lettuce Tomato Cup 1/2c(V)	Lettuce Tomato Cup 1/2c(V)	Colby Jack Cheese Cubes 1(MMA)	Lettuce Tomato Cup 1/2c(V)
Baby Carrots 1/2c(V)	Apples 1/2c (F)	Kiwi (2) 1/2c (F)	Baby Carrots 1/2c(V)	Kiwi (2) 1/2c (F)
Kiwi (2) 1/2c (F)	Milk 1c	Milk 1c	Apples 1/2c (F)	Milk 1c
Milk 1c			Milk 1c	